

## Meeting Minutes Quarterback Club 5/2/11

**Tad Johnson/Jag Power:** Just brought in another trainer, Brandon Peterson. Had 25-30 athletes during winter season. Every kid got stronger, faster and more athletic. Trying to build better athletes-teaching them to push themselves and get better ; set goals

In Season : Maintenance Peaking

Pre Season : Speed – strength; Sprint Performance; Specificity

Off Season: Base Strength; Technique; Speed and Agility

Will try to have different teams work together to team build. Can separate FB players from other sports.

June 12<sup>th</sup> Summer program starts. Test athletes first

Spring: M-Th training. Meet first in team room and takes attendance and teaches topic.

When Tad leaves our program he will first train his replacement. Here until at least May '12.

Summer program: 5 days a week for 8 weeks \$100. Hour and a half session. Wk of 7/4 off

They will pay attention to other sports kids are in. Ex won't work kids too hard if they have a baseball tournament that w/e. Parents can also let trainers know.

**Flower Sales** \$10k more than last year. Freshman won ( of course). Went over time schedule for the 14<sup>th</sup>. Mary Jane will send out form she used last year for dividing up sales that morning. Reps need to make sure their group picks up at allotted time.

**Coach Levy** - Not there to talk about Mankato Camp

**Blitz**- Success – less sales but less expenses

**Brian Fell** – Laura talked about an advisory committee that will meet with Brian Fell and the superintendent. Parent of athlete and Parent of art student. Meet 4-6 times a year. Prefer parents of Freshman/Sophomores so they stick with it a few years.

**Spirit Wear** – Kids loved the Nike wear last year. Mary Jane will get contact name for Nike rep.

**Next meeting** – date not set but we need info on Mankato camp from Coach

**Jag power scholarships** – students should talk to coach. Don't want athletes not able to participate due to fee. They should then be encouraged to sell more gold cards to help offset cost.

**Fortis vs Jag Power** – older kids are getting called from Fortis asking if they are going to participate in their summer program. Not getting called by Jag Power or coach. Parents need to get behind Jag Power since it is what the coaches and school are supporting. Info on Jag Power needs to go out to all families so they know about it.