

FORTIS ACADEMY

Jefferson Football Players Summer 2010

OUR TRAINERS

Josh Levine

Josh Levine is a graduate of Jefferson High School. After graduation he played hockey for a year in the United States Hockey League. In 2008 Josh began attending Princeton University where he plans to study Political Theory, International Relations, and Near Eastern Studies. At the age of fifteen Josh started the Minnesota Hockey Development Program to train youth hockey athletes. He has worked for four years as the head trainer at the Jefferson Skills Hockey Camp, training youth and high school athletes. Last year, Josh and the Fortis Academy trained over 100 athletes in football, soccer, and hockey. Since then, Josh has worked individually with many athletes over the phone and on the internet. He has been sought out by professional athletes, Division I athletes, and HS athletes alike. He owns his own athletic training website, www.fortismag.com, and clothing line called Fortis Athletics. In addition, Josh does consulting work in Commercial Real Estate.

Josh can be reached at 612-250-1992 or joshual@princeton.edu.

Jake Villas

Jake is a graduate of Jefferson High School. He is currently attending Bethel University where he plans to study Economics, Finance, and Mathematics. He has a 3.92 GPA. At the age of 9 Jake started Quality Grass Services. He has expanded his lawn care business to multiple cities throughout the metropolitan area and recently began offering additional services like deck staining. In 2009 Jake began working with at the Fortis Academy and trained over 100 athletes in football, soccer, and hockey. Jake has also worked with many individuals at his college to help these athletes reach their full potential.

Jake can be reached at 612-845-6623 or jmv49648@bethel.edu

Where: Jefferson Activity Center

When: Monday, Wednesday, Friday from 8:00-9:30am

Cost: \$75, make checks payable to The Fortis Academy, LLC

Dates:

June 14, 16, 18

June 21, 23, 24

June 28, 30

July 7, 9

July 12, 14, 16

July 19, 20, 23

July 26, 28, 30

August 2, 4, 6

August 9, 11, 13